



Eddie A. Perez
Mayor

Hartford Department of Health & Human Services Hartford WIC Program Celebrates **NATIONAL NUTRITION MONTH**



Carlos Rivera
Director



Please join us and learn how to "Eat right".

There will be....

Food Demos



**Nutrition
Information**



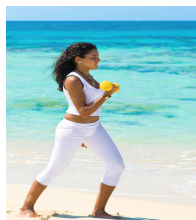
Taste Testing

Refreshments

Free Giveaways



**Fun physical
activities for
everyone!**



Hartford's North End

When: Wednesday, March 18th, 2009
Time: **11:00 a.m. – 2:00 p.m.**
Where: Lobby Area
Burgdorf/BOA Health Center
131 Coventry Street

Hartford's South End

When: Wednesday, March 25th 2009
Time: **10:00 a.m. – 12:00 p.m.**
Where: Santa Marquez WIC Center
547 Park Street